



## Curriculum vitae

### Informații personale

**Nume / Prenume** RAHNEA - NITA ROXANA - ANDREEA

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**Naționalitate** româna

**Data nașterii** 30/12/1989

**Sex** Feminin

#### Experiența profesională

Perioada

2015 – prezent

Funcția sau postul ocupat

Medic rezident Oncologie medicală

Numele și adresa angajatorului

Spitalul de Psihiatrie Titan "Dr. Constantin Gorgos" B-dul Nicolae Grigorescu nr. 41, sector 3, București (Romania)

Tipul activității sau sectorul de activitate

Activitate medicală

#### Specializare

- 2014 – UMF "Carol Davila" București, Facultatea de Medicină Generală

#### Lucrări științifice elaborate și publicate:

1. **Roxana-Andreea Rahnea-Nita**, Gabriela Rahnea-Nita, I.Duluta, Madalina Colef, Anda-Natalia Ciuhu **Management of breakthrough pain in cancer patients** Oncolog-Hematolog; (2/2018)
2. **Roxana-Andreea Rahnea-Nita**, Gabriela Rahnea-Nita, C. Macovei I.Duluta, Aurora Ionita, Anda-Natalia Ciuhu **Managementul simptomelor și al rash-ului cutanat la pacienții cu cancer al sferei ORL în tratament cu Cetuximab** Paliatia, Journal of Palliative Care, BDI(EBSCO's databaseproducts, SCIPIO), Vol 11, Nr 2, aprilie 2018 ISSN 1844 – 705

3. Gabriela Rahnea Nita, **Roxana Andreea Rahnea Nita**, Mihaela Popescu, I. Duluta, C. Macovei, Anda Natalia Ciuhu - **Management of severe neoplastic pain**- Balneo Research Journal, BDI, Vol 8, No 3, September 2017, ISSN 2069-7597, Volum de rezumate, Poster premiat
4. **Rahnea-Niță RA**, Rahnea-Niță G, Popescu M, Ciuhu AN - **Complexitatea îngrijirilor paliative și contribuția acestora la îmbunătățirea calității vieții: prezentare caz clinic** – Paliatia, Journal of Palliative Care, BDI (EBSCO's database products, SCIPIO), Vol 10, Nr 3, Iulie 2017 ISSN 1844 – 7058
5. **Rahnea-Niță RA**, Rahnea-Niță G, Popescu M, Ciuhu AN – **Last 48 hours of a young patient with cancer- case report** - Paliatia, Journal of Palliative Care, BDI (EBSCO's database products, SCIPIO), Vol 10, Nr 2, Aprilie 2017 ISSN 1844 – 7058
6. **Rahnea-Niță RA**, Rahnea-Niță G, Popescu M, Ciuhu AN- **Evaluarea fatigabilitatii, a dispneei si a impactului acestor simptome asupra starii generale a pacientilor cu cancer bronhopulmonar** - Paliatia, Journal of Palliative Care, BDI (EBSCO's database products, SCIPIO), Vol 10, Nr 1, Ianuarie 2017 ISSN 1844 – 7058
7. Anda-Natalia Ciuhu, Mihaela Popescu, Dumitru Cristinel Badiu, **Roxana-Andreea Rahnea-Nita**, Gabriela Rahnea-Nita. **Nutrition and drug interventions in short bowel syndrome by definitive abdominal stoma in cancer patients**. INTERDIAB 2017, march, **ISI impact factor**, ISSN 2393-3488, Editura Niculescu
8. Anda-Natalia Ciuhu, Mihaela Popescu, Dumitru Cristinel Badiu, **Roxana-Andreea Rahnea-Nita**, Gabriela Rahnea-Nita. **Assessment of cachexia in cancer patients with advanced disease**. INTERDIAB 2017, march, **ISI impact factor**, ISSN 2393-3488, Editura Niculescu
9. Anda-Natalia Ciuhu, **Roxana-Andreea Rahnea-Niță**, Mihaela Popescu, Cristinel Dumitru Badiu, Anca-Mihaela Pantea Stoian, Dumitru Lupuleasa, Florentina Gherghiceanu, Gabriela Rahnea-Niță; **Evidence of strong opioid therapy for palliation of breathlessness in cancer patients**; Revista Farmacia, 2017, vol.65, 2, revistă cotate ISI Thomson, **ISI impact factor 1.162**
10. **Roxana-Andreea Rahnea-Nita**, Gabriela Rahnea-Nita, Mihaela Popescu, C.D. Badiu, Anda-Natalia Ciuhu; **Management of symptoms, specific support needs, and adaptation to the disease in patients with advanced and metastatic lung cancer**; Archives of the Balkan Medical Union, Bucharest, nr 4/2016; Editura Celsius Publishing House, ISSN 0041 – 6940, **CNCIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS.
11. Anda Natalia Ciuhu, T. Spiricu, Liliana Padure, C. D. Badiu, V.

- Poroch, S. Omer, M. Radoi, Mihaela Popescu, **Roxana Andreea Rahnea Nita**, Gabriela Rahnea Nita, **Relationships between communicating bad news, cancer disease adaptation, and related mood disorders**; Proceedings of the Romanian Academy, Volume 19, Issue 2 May - August 2016, revistă cotată ISI Thomson, **ISI Impact Factor 1.115**
12. Anda-Natalia Ciuhu, Rodica Badica, Mihaela Popescu, Mugur Radoi, **Roxana-Andreea Rahnea-Niță**, Gabriela Rahnea-Niță; **Defense mechanisms and coping style at very next diagnostic period in advanced and metastatic cancer**; Journal of Clinical Oncology, 2016 ASCO Annual Meeting (June 3-7, 2016), Vol 34, No 15 suppl (May 20 Supplement); 2016: e21610; www.asco.org and jco.ascopubs.org Chicago, Illinois, **ISI Impact factor 20.982**.
  13. Gabriela Rahnea-Niță, M. Slavila, **Roxana-Andreea Rahnea-Niță**, Mihaela Popescu, Anda-Natalia Ciuhu; **The Role of Physical Therapy in Cancer-related Fatigue and Breathlessness**; 9th World Research Congress of the European Association for Palliative Care, June 9-11, 2016, Dublin, Ireland, Palliative Medicine, **ISI Impact factor 2,855**
  14. Anda-Natalia Ciuhu, Mihaela Popescu, **Roxana-Andreea Rahnea-Niță**, Gabriela Rahnea-Niță; **Challenges and Directions in Anticoagulation in Palliative Care of Cancer Patients**; 9th World Research Congress of the European Association for Palliative Care, June 9-11, 2016, Dublin, Ireland, Palliative Medicine, **ISI Impact factor 2,855**
  15. Loredana Antuanela Tuinea, Anda-Natalia Ciuhu, Nicoleta Clenciu, **Roxana-Andreea Rahnea-Niță**, Mihaela Popescu, Gabriela Rahnea-Niță; **Pain assessment and treatment in patients from a palliative care unit**; Palliatia, Journal of Palliative Care, ISSN 1844 – 7058, BDI (EBSCO's databaseproducts, SCIPRO), Vol 9, nr. 1, 2016.
  16. **Roxana Andreea Rahnea Niță**, Mihaela Popescu, Anda Natalia Ciuhu, Antuanela Loredana Tuinea, Gabriela Rahnea Niță; **The relationship between anxiety, depression and sense of illness understanding in palliative cancer patients**; Archives of the Balkan Medical Union, Bucharest, nr 1/2016; Editura Celsius Publishing House, ISSN 0041 – 6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS.
  17. Anda Natalia Ciuhu, Mihaela Popescu, **Roxana Andreea Rahnea Niță**, Antuanela Loredana Tuinea, Gabriela Rahnea Niță, **Specificity of antithrombotic treatment in cancer patients**, Oncolog – Hematolog.ro. 2015; 32 (3):7-10.
  18. Gabriela Rahnea Niță, S. Omer, M Radoi, Mihaela Popescu, **Roxana Andreea Rahnea Niță**, Antuanela Loredana Tuinea, Anda

- Natalia Ciuhu, **Illness perception in palliative oncogeriatrics field**, Archives of the Balkan Medical Union, Bucharest, nr 3/2015, Editura Celsius Publishing House, ISSN 0041 – 6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS
19. Gabriela Rahnea Nita, M.Slavila, D.E. Francu, Anca-Mirona Mocanu, **Roxana-Andreea Rahnea Nita**, Mihaela Popescu, Anda-Natalia Ciuhu; **Involvement of physical therapy and spiritual care in cancer-related symptoms management**, Archives of the Balkan Medical Union, Bucharest, nr 2/2015, Editura Celsius Publishing House, ISSN 0041 – 6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS
  20. Rahnea Nita G., **Rahnea Nita R.A.**, Georgescu D.G., Ciuhu A.N.; **Assesment of Symptoms and the Process of Adaptation to the Diseases in Palliative Oncogeriatrics Field**; The 14<sup>th</sup> World Congress of the EAPC in Copenhagen, May 8-10, 2015, European Journal of Palliative Care (**ISI impact factor 1,57**)
  21. Ciuhu A.-N., Popescu M., **Rahnea Nita R.A.**, Rahnea Nita G., **Identifying Risk Factors and Coping Style of Complicated Bereavement**; The 14<sup>th</sup> World Congress of the EAPC in Copenhagen, May 8-10, 2015, European Journal of Palliative Care (**ISI impact factor 1,57**)
  22. Gabriela Rahnea Nita, Anda-Natalia Ciuhu, Daniela Georgeta Georgescu, DE Francu, C Cobac, Mihaela Florea, **Roxana Andreea Rahnea Nita**; Spiritual process evaluation of the patients with advanced stage cancer hospitalized in “Saint Luke” Hospital, Bucharest; Archives of the Balkan Medical Union, Bucharest, nr 4/2014, Editura Celsius Publishing House, ISSN 0041 – 6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS
  23. Anda-Natalia Ciuhu, Mihaela Popescu, **Roxana-Andreea Rahnea Nita**, Gabriela Rahnea Nita; Poster; **Evaluation of quality of life of patients with advanced and metastatic breast cancer purposed for palliative chemotherapy and best supportive care versus best supportive care**; 2014 San Antonio Breast Cancer Symposium, December 9-13, 2014
  24. Valentin Titus Grigorean, Anda Natalia Ciuhu, **Roxana – Andrea Rahnea-Niță**, C. Badiu, R.A. Stoian, Gabriela Rahnea Niță, **Evaluation of the results of bevacizumab treatment in the metastatic colorectal cancer - experience of a multidisciplinary collaboration**, Archives of the Balkan Medical Union, Bucharest, nr 1/2014, Editura Celsius Publishing House, ISSN 0041–6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS
  25. Valentin Titus Grigorean, Anda-Natalia Ciuhu, Gabriela Rahnea

- Niță, Victor Strambu, Dan Nicolae Straja, Mihai Popescu, Aurelia Mihaela Sandu, **Roxana Andreea Rahnea Niță**, **Efficacy of Cetuximabin Metastatic Colon Cancer** – Case Report, **Chirurgia**, Bucuresti, nr 3/2014, Online ISSN: 1842 – 368X, ISSN: 1221-9118, **BDI**, Indexare in: Science Citation Index Expanded (SCIE), Journal Citation Reports/Science, Medline (PubMed, Index Medicus)
26. Gabriela Rahnea Niță, Anda-Natalia Ciuhu, Daniela Georgeta Georgescu, **Roxana Andreea Rahnea Niță**, Involvement of the palliative care team in the adaptation of the patient to neoplastic disease, *Archives of the Balkan Medical Union*, Bucharest, Editura Celsius Publishing House, 2013, vol. 48, no. 4, pp 406-411, ISSN 0041 – 6940, **CNCSIS BDI**, indexare EMBASE/Excerpta Medica, Chemical Abstracts, SCOPUS
27. Gabriela Rahnea Niță, Anda-Natalia Ciuhu, Daniela Georgeta Georgescu, **Roxana Andreea Rahnea Niță**, **The relationship between patient communication with palliative care team and the process of adaptation to the disease**, Volum de rezumate, Poster, 3rd International Seminar of the European Palliative Care Research Centre and the EAPC Research Network, Milano, Italy, december 2013
28. Gabriela Rahnea Nita, **Roxana Andreea Rahnea Nita**; **Histo-Enzymological Aspects of Tumour** Angiogenesis in Ovarian Cancer; *Archives of the Balkan Medical Union*; (**CNCSIS B+**) vol. 48, no. 1, pp. March 2013
29. Gabriela Rahnea Nita, **Roxana Andreea Rahnea Nita**; **Angiogenesis in ovarian carcinoma. Ultrastructural features**; *Archives of the Balkan Medical Union*; (**CNCSIS B+**), vol 48, nr 2, 2013
30. Valentin Titus Grigorean, Gabriela Rahnea Niță, **Roxana Andreea Rahnea Niță**, Mihai Popescu, Aurelia Mihaela Sandu, Cristian Dumitru Lupascu, Anda-Natalia Ciuhu, **Prostate Cancer – Peculiarities of the Process of Adaptation to the Disease**, *Clujul Medical*, Cluj, 2013 Vol. 86, No. 2, pp. 133-137, ISSN 1222-2119, Cod CNCSIS: 253, categorie revista: **BDI**, <http://www.clujulmedical.umfcluj.ro/2-2013/10%20-%20grigorean%20%20prostate%20%20%20%20-%20133-137.pdf>
31. Gabriela Rahnea – Nita, Anda – Natalia Ciuhu, **Roxana – Andreea Rahnea – Nita – Implicarea echipei de ingrijiri palliative in stadiul terminal al bolii** – zilele IOB – noiembrie 2010, Bucuresti

**Autor** • **Roxana Andreea Rahnea Nita** - Rezultate ale Tratatului Multimodal in Cancerul Pancreatic, Editura Etna (Cod CNCIS 241), 2014, ISBN 978-973-1795-72-0

**Coautor**

- Gabriela Rahnea Niță (coordonator), Anda-Natalia Ciuhu, Ioana Soare, **Roxana Andreea Rahnea Nita**, Dragos Eugen Francu, Sinteza Teoretica si Practica a Îngrijirii Paliative – Tratat pentru Asistentii Medicali, Bucuresti, Editura Etna (Cod CNCIS 241), 2014, ISBN 978-973-1795-61-4, 2014.
- Gabriela Rahnea Niță (coordonator), Anda-Natalia Ciuhu, **Roxana Andreea Rahnea Nita**, Dragos Eugen Francu, Aspecte de teorie si practica in îngrijirea paliativa, Bucuresti, Editura Universitara (Cod CNCIS 180), 2013 , ISBN 978-606-591-745-3

**Limba engleza**

<b>Înțelegere</b>		<b>Vorbire</b>		<b>Scriere</b>
Ascultare	Citire	Participare la conversație	Discurs oral	Exprimare scrisă
bine	bine	bine	bine	bine

**Competențe și aptitudini organizatorice**

- Capacitate foarte buna de analiza si organizare.
- Spirit de initiativa.
- Capacitatea de a realiza si duce la bun sfarsit activitatile propuse.

**Alte competențe și aptitudini**

Tenacitate

**Permis de conducere**

- Categoria „ B ”

**Data:** 03 .01. 2019

